

Welcome

to



Meadowbrook

RESPIRATORY AND NURSING CENTER





Front Desk

Welcome to Meadowbrook Respiratory and Nursing!

We are deeply grateful that you have entrusted us with your care. It is our privilege to serve you with commitment and compassion. Whether you or your loved ones are here for subacute rehabilitation, a respite stay, ventilator weaning, hospice services, or long-term ventilator care, our mission is to provide exceptional, personalized support that meets your individual needs.

From the moment you step through our doors, our dedicated team is here to create a friendly, inviting atmosphere and deliver tailored support. We recognize that moving to a new facility for any level of care can bring both excitement and challenges, and our goal is to ensure this transition is as seamless and comfortable as possible for you and your family.

In this guide, you will find answers to some frequently asked questions that may help you better understand our services and what to expect during your stay. We encourage you to read through this information, and please remember that our staff is always here to assist you. Your comfort, well-being, and satisfaction are our top priorities, and we are here to support you every step of the way. Thank you for trusting us with your care, we look forward to making your experience with us a positive one.



Phone Extension Directory

Front Desk	5600
Administrator	5601
Director of Nursing	5604
Assistant Director of Nursing	5967
Director of Rehabilitation	5902
Activities Director	6906
Business Office Manager	4832
Social Services	5612
Dietitian	5977
Kitchen	6932
Food Service Director	5608
1st Floor Unit Manager	6936
2nd Floor Unit Manager	6928
Sub-Acute Manager	3114
Vent Unit	4002/4842
Housekeeping	6932
Maintenance	4825

What to Expect During Your Stay

The following is an overview of the services we provide to our patients.

ADMISSIONS

Our admissions office is open Monday through Friday from 9am to 5pm. For your convenience, we are also available 24/7 to assist with any needs after hours. Once you are settled in your room, an admissions coordinator will come see you to complete all the necessary paperwork. Please have your insurance cards, COVID-19 vaccine cards (if applicable), and any other pertinent information available. If you are admitted outside of office hours, we will schedule a time for an admissions coordinator to see you.

PHYSICIAN SERVICES

Each patient at our facility (whether you're here for ventilator care, short-term rehabilitation, a respite stay, long-term care, or hospice services) will be assigned to a dedicated physician group. Your assigned physician, along with their team of clinicians, will be responsible for your care throughout your stay. They will be available to address your daily medical needs and ensure that you receive the attention and support necessary for your well-being.



MEDICATIONS

Medications will be provided by our contracted pharmacy. Upon admission, your hospital discharge medications will be ordered and sent directly to the facility. There is no need to provide your own medications as these are all included in your stay, unless otherwise instructed.

SOCIAL SERVICES & DISCHARGE PLANNING

Soon after admission, you will receive notification of your initial care plan meeting. A care plan meeting is your and your loved ones' opportunity to meet with the interdisciplinary team and review your goals and discharge plan.

Our social services department will work with you to ensure that your discharge plan meets your goals and aligns with the recommendations from your primary physician and team. They are committed to helping you find the resources you need, whether you're preparing to return home or seeking suitable placement options; be it with family, assisted or independent living, or long-term care within our facility.

For those transitioning back to their homes, our social worker will assist in arranging all necessary equipment, coordinating home care services, and setting up outpatient or home therapies.

Discharge time is between 10:00am and 12:00pm on your designated discharge date. We aim to make your transition as smooth and comfortable as possible, ensuring that both you and your family are well informed and supported throughout the process.



THERAPY

The goal of our rehabilitation department is to help you regain your previous level of functioning—or even surpass it! We provide in-house physical, occupational, and speech therapy, ensuring that each patient receives a personalized approach tailored to their specific exercise needs.

Our therapy services are available seven days a week, including holidays, to accommodate your schedule.

Treatment plans are continuously updated, and each patient will be scheduled based on their tolerance, individual requirements, and insurance coverage.

We are dedicated to supporting you every step of the way on your path to recovery.

LONG-TERM CARE

Long-term care is available at our facility for patients needing a higher level of support. In addition to accepting private pay we are contracted with the most long-term care policies. Our business office will be happy to guide you through the next steps when applying for Medicaid.



ACCOMMODATIONS

WI-FI INFORMATION

Username: **Atlas-Guest**
No Password

PHONE

Landline services are FREE of charge.
To dial out, press 8 and then the number including area code. For internal extensions, dial the number directly.

DINING

Snacks are available between meals,
Our dietary team provides quality and nutritious meals for breakfast, lunch, and dinner. Menu selection takes place every Monday for the week. Alternatives are available for every meal and “Always Available” menu includes snacks such as salads, sandwiches, cookies, chips, etc., are available between meals.

BREAKFAST - 7:30am

LUNCH - 11:30am

DINNER - 4:30pm



ALWAYS AVAILABLE MENU

SALADS

- Tuna Salad**
Classic tuna salad made with fresh ingredients and creamy dressing
- Chicken Salad**
Tender chicken blended with a creamy, flavorful dressing
- Egg Salad**
Chopped eggs mixed with a smooth, seasoned dressing
- House Salad**
Fresh garden greens with crisp vegetables and house dressing
- Chef Salad**
Fresh greens topped with assorted meats, cheese, and vegetables

SIGNATURE SANDWICHES

- Turkey & Cheese**
Sliced turkey paired with melted cheese on fresh bread
- Ham & Cheese**
Classic ham and cheese sandwich, simply delicious
- Tuna Salad**
Creamy tuna salad served on fresh bread
- Chicken Salad**
Savory chicken salad served as a satisfying sandwich
- Egg Salad**
Classic egg salad sandwich with a creamy filling
- Peanut Butter & Jelly**
A timeless favorite with creamy peanut butter and sweet jelly

* Lettuce, Tomato, Onion available upon request
* * Bread Offered: White, Wheat, Rye

WARM FAVORITES

- Hamburger**
Juicy grilled beef patty served on a fresh bun
- Cheeseburger**
Classic hamburger topped with melted cheese
- Grilled Cheese**
Golden toasted bread with warm, melted cheese
- Hot Dog**
Classic hot dog served warm on a soft bun
- Baked Chicken**
Tender, oven-baked chicken seasoned to perfection

SNACKS

Indulge in our carefully curated selection of snacks, available anytime to satisfy your cravings:

- **Fruit** (variety depending on season)
- **Ice Cream**
- **Sherbet**
- **Yogurt**
- **Graham Crackers**
- **Chocolate Chip Cookies**

RECREATIONAL ACTIVITIES

Our recreation department plans activities with patients in mind. From group events, entertainment, bingo, and independent activities, there's something fun for everyone to do 7 days a week!

Activities calendars are posted throughout the building and given to each patient monthly.

SALON SERVICES

Salon and barber services are available onsite on Thursdays. Please see receptionist for salon schedule and to schedule your appointment. The price list is also available at the reception desk.



LAUNDRY

Laundry services are available upon request for all patients. Please complete the inventory sheet provided to you upon admission and submit it back to the front desk for processing.

MAINTENANCE

Maintenance is in the facility 7 days a week with emergency services available 24 hours a day, including holidays. Should you need maintenance for any reason, please inform a staff member.





VENTILATOR UNIT

Meadowbrook Respiratory & Nursing Center proudly houses a 24-bed Ventilator Unit in New Jersey, offering comprehensive respiratory services designed to meet a wide range of needs. Our specialized unit provides both ventilator weaning for those transitioning off mechanical support and long-term care for individuals requiring ongoing assistance.

Under the expert leadership of Dr. Hinesh Upadhyay, a board-certified pulmonologist, our team is committed to delivering exceptional respiratory care around the clock.

With state-of-the-art equipment, evidence-based practices, and a compassionate approach, we strive to enhance the quality of life for every patient. Whether the goal is recovery or long-term management, we are here to provide unwavering support tailored to everyone's unique circumstances.



GOOGLE REVIEWS



As soon as you walk into Meadowbrook you are greeted with a smile and with super helpful staff! It is a beautiful facility and I like how they really CARE about the residents they are caring for! Would highly recommend if you were thinking about sending a loved one here for rehabilitation.

- Esty Kohn



I've had nothing but great experiences with Meadowbrook Respiratory. The nursing staff is incredible — caring, attentive, and truly dedicated to their patients. The administration is just as supportive and easy to work with.

- Izzy T.



I had such a pleasant experience at Meadowbrook respiratory center. The level of care and attention I received really resonated with me. The team truly listens to your concerns and works with you to develop a plan. The facility was clean and appeared to be well maintained. I can't thank the staff enough for helping me with my recovery.

- Chris Lorenc



My stay at Meadowbrook was a positive experience. I appreciated all the help I was given by those who were chosen to bring me back to "life". The entire physical therapy department is dedicated and a blessing to all they help. I will always be grateful! Thank you to all.

- Anthony



We have been here for 5 days and everyone so far has been very kind and very responsive. I am very happy with the care my wife is receiving here.

- Stelios Mitossis



My family and I cannot thank the team at Meadowbrook enough for their steadfast care and skilled services. The staff showed such kindness and compassion toward my mother, and it meant so much to our entire family to know she was in such capable hands.

- Danielle Soto



SCAN TO
READ MORE REVIEWS!

SERVICES WE PROVIDE:



SHORT-TERM
REHAB



LONG-TERM
CARE



VENT UNIT/
HIGH FLOW O2



NURSING SERVICES

- 24 Hour RN Coverage
- Ventilator Management
- Ventilator Weaning
- Cardiac Management
- Diabetes Management
- Cancer Management
- Physical, Occupational & Speech Therapy
- 24 Hour Respiratory Therapy
- Neuro-Muscular Care
- Dementia & Alzheimer's Management
- Stroke Management
- Post-Surgical Rehabilitation
- Orthopedic Rehabilitation
- Pain Management
- Analgesic Pumps
- IV Antibiotics
- IV Hydration Management
- IV Meds (Lasix, Venofer)
- PICC/Midline Insertion
- PICC/Midline Maintenance
- TPN
- Tracheostomy Management
- Surgical Drain Management
- G-Tube, J-Tube, Dobhoff
- Renal Management
- Comprehensive Wound Care (Wound Vac)
- Respiratory Care
- Hospice
- LTC Restorative Program
- Inotropic drips
- AHA Heart Failure Certification
- Palliative Care
- Life Vests
- LVAD Management
- Clinical Management of MDROs



SERVICES WE PROVIDE:



PHYSICIAN SERVICES

- Physician, NP or PA at least 5 day/week
- Physician, NP or PA visit within 24hr of ER visit
- Daily Physician Rounding on Subacute
- Rounding Cardiologist



CONSULTANTS

- Psychiatry
- Wound Care
- Dental
- Ophthalmologist
- Podiatry
- Psychology
- ENT
- Audiology
- Physiatry



DIAGNOSTIC STUDIES

- Labs: Routine and STAT
- Imaging: X-Rays and Ultrasound Routine & STAT
- Echocardiogram
- EKG In-House
- Bladder Ultrasound In-House



SOCIAL & PSYCHOLOGICAL

- Licensed Clinical Social Worker
- Licensed Clinical Psychologist

SEE WHAT'S HAPPENING
IN OUR COMMUNITY!



Instagram: @meadowbrookrhc
LinkedIn: Meadowbrook Respiratory & Nursing
Facebook: Meadowbrook Respiratory & Nursing Center



We
Care!

If there is anything
we can do to make
your experience
a better one, call our...



800.514.1324

Atlas has developed a Rapid Response service to ensure quick and efficient assistance. As the name suggests, this service is designed to address any issues or requests you may have with urgency. To utilize this service, simply call the provided number and leave a detailed message outlining your concern or request. Our team is dedicated to resolving matters promptly, so you can expect a swift response to ensure your needs are met as quickly as possible.

Feel free to call us with your compliments, concerns, or feedback.

**Please leave a message and someone will get
back to you within 24 hours.**



Welcome
to Meadowbrook
Respiratory & Nursing
where luxury
meets rehabilitation.



CONCIERGE PROGRAM

Tailored to ensure your utmost comfort and
satisfaction throughout your subacute rehab journey.

What is the
CONCIERGE PROGRAM?

Our concierge program is designed to provide personalized assistance and support to all our patients.

From coordinating appointments to fulfilling special requests, our dedicated team is here to make your stay as seamless and enjoyable as possible.

Why Choose
**MEADOWBROOK RESPIRATORY
AND NURSING?**

Luxury Amenities

Experience top-notch amenities & accommodations in our newly renovated and state-of-the-art setting.

Expert Care

Our skilled professionals are dedicated to providing the highest quality of care and support.

Peace of Mind

Rest easy knowing that your needs are our top priority, and we're here to assist you every step of the way.

SERVICES OFFERED



**Appointment
Scheduling**

We handle all your medical appointments and therapy sessions, so you can focus on your recovery.



**Personalized
Assistance**

Whether you need assistance with laundry, transportation, or special dietary requirements, we've got you covered.



**Entertainment
Arrangements**

Enjoy access to a variety of entertainment options, including movies, games, and social activities.

PROUD TO BE AN ATLAS HEALTHCARE FACILITY

Our New Jersey Locations

- 1. Atlas at Cedar Grove Respiratory & Nursing**
Williamstown, NJ 08094
(856) 875-0100
cedargrovenursing.com

2. Atlas Healthcare & Assisted Living at Seashore Gardens
Galloway, NJ 08205
(609) 404-4848
seashoregardens.org

3. Atlas Post Acute At Woodbury Country Club
Woodbury, NJ 08096
(856) 345-1200
woodburypac.com

4. Atlas Rehabilitation & Healthcare at Daughters of Moses
Clifton, NJ 07011
(973) 772-3700
theatlasdom.com

5. Atlas Rehabilitation & Healthcare Center at Maywood
Maywood, NJ 07607
(201) 843-8411
maywoodrehab.com
- 6. Atlas Rehabilitation & Healthcare Center at Washington Township**
Sewell, NJ 08080
(856) 218-4200
washingtontownshiphc.com

7. Atlas Rehabilitation & Healthcare Center at West Deptford
Paulsboro, NJ 08066
(856) 848-9551
westdeptfordhc.com

8. Birchwood Rehabilitation & Healthcare Center
Cranford, NJ 07016
(908) 272-6660
birchwoodrhc.com

9. Meadowbrook Respiratory & Nursing Center
Matawan, NJ 07747
(732) 765-5600
meadowbrookrhc.com

10. Mystic Meadows Rehab & Nursing Center
Little Egg Harbor Twp, NJ 08087
(609) 395-0641
mysticmeadows.com
- 11. The Elms of Cranbury Rehabilitation & Healthcare Center**
Cranbury, NJ 08512
(609) 395-0641
elmsrhc.com

12. The Village at Meadowbrook Assisted Living
Matawan, NJ 07747
(732) 566-0800
thevillagemb.com

13. Waterfront Rehabilitation & Healthcare Center
Raritan, NJ 08869
(908) 526-8950
waterfrontrhc.com

14. Wynwood Rehabilitation & Healthcare Center
Cinnaminson, NJ 08077
(856) 829-9000
wynwoodrehab.com





Meadowbrook

RESPIRATORY AND NURSING CENTER

38 Freneau Avenue
Matawan, NJ 07747

P: (732) 765-5600

meadowbrookrhc.com

